



START: Springhill Ave at Stanton Road
West on Springhill to Mobile Street
South (left) on Mobile Street to Dauphin Street
East (left) on Dauphin to Tacon Street
North (left) on Tacon to Old Shell Road
Cross Old Shell Road to Hyland Ave (bear slightly to right)
North on Hyland to Springhill Ave
East (right) on Springhill Ave to Stanton Road
North (left) on Stanton Road to FINISH