



Battle of Mobile Bay 5K Run/Walk

Historic Fort Gaines, Dauphin Island

Saturday February 15, 2014 9:00 AM

- Benefits:** Historic Fort Gaines and Port City Pacers
- Organized by:** Port City Pacers (251-473-7223; www.pcpacers.org)
- Course:** A scenic 5K certified course (AL05040JD) that starts at Fort Gaines and winds through scenic Dauphin Island neighborhoods. Map available at: <http://www.pcpacers.org/races/maps/bomb.html>
- Registration:** Pre-register by mail (entries should be postmarked by **February 8**), in person at McCoy Outdoor or Run-N-Tri in Mobile or Running Wild in Fairhope until noon on **February 13**, or online (<http://battleofmobilebay.eventbrite.com>) until midnight **February 13**. Race day registration at Fort Gaines from 7:30 to 8:30 am. Registration will close 30 minutes before the start of the race to enable data input.
- Entry fees:**
- | | | | |
|------------------------|------------------------------------|---------------------|-------------------|
| Pre-registered: | \$20 Non-PCP members | Day of Race: | \$25 Everyone |
| | (with tech shirt) \$17 PCP members | | (with tech shirt) |
| Pre-registered: | \$15 Non-PCP members | Day of Race: | \$20 Everyone |
| | (NO SHIRT) \$12 PCP members | | (NO SHIRT) |
- ***PCP Members 12 and under may participate for free – (\$7 with shirt) – if they pre-register
- Post race:** Food and beverages will be provided.
- Awards:** Top 3 Male & Female Overall, top Male and Female Masters, Grandmasters, Senior Grandmasters, and race walkers (*race walkers may not run at any time during the race*). Top 3 male and female in 5-year age groups.
- Shirts:** Participants registered by February 1 will be guaranteed **tech shirts** (moisture management shirts) on race day and day of race registrants will get shirts as supplies last.

If the weather is unseasonably warm or cold, use the customary racing precautions with which you should be familiar and take advantage of the water along the course. Stop running/walking and seek help if you stop sweating and feel nauseous or dizzy. If you see a fellow runner/walker who appears to be in trouble, please stop and help if you can.

Last Name: _____ **First Name:** _____ **Age:** ____ **Sex:** M F

Address: _____ **City, ST & ZIP:** _____

DOB: _____ **Phone:** _____ **Email:** _____

T-Shirt: YL S M L XL No shirt **Event:** Run Race walk **PCP Member:** Yes No

Additional Donation to Fort Gaines: \$ _____

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Port City Pacers, Historic Fort Gaines, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event on February 15, 2014, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant _____ Date _____
 (Parent/Guardian must sign for participants under 19)

Make checks payable to: **Port City Pacers.**
 Mail completed applications and fees to: **Port City Pacers; BOMB; PO Box 6427; Mobile, AL 36660**