

# Do It in The Bush 5K

Saturday May 18, 2019 7:30 AM

**Benefits:** Port City Pacers Scholarship Fund

**Organized by:** Port City Pacers ([www.pcpacers.org](http://www.pcpacers.org); 251-473-7223)

**Location:** Medal of Honor Park, 1711 Hillcrest Road, Mobile, AL

**Registration:** Register by mail (entries should be postmarked by May 11 in person at McCoy Outdoor, Run N-Tri, or Fleet Feet in Mobile or Running Wild in Fairhope until noon on the May 16, or online at [events.com](http://events.com) until 4 AM May 17. Early packet pick-up and late registration will be available from noon to 5:30 PM on Friday, May 17, at the PCP office located at 358 Morgan Avenue. Race day packet pick-up and race day registration from 6:30-7:30 AM at the Bicentennial Pavilion - close to the water tower.

**Entry fees:**

Pre-registered	Race Day Registration
Adult PCP member: <b>\$15</b>	Adults: <b>\$20</b>
Adult Non-member: <b>\$18</b>	Children (12 and under): <b>\$15</b>
Children (12 and under) Non-member: <b>\$15</b>	

PCP Members 12 and under may participate for free - (\$7 with shirt) - if they pre-register  
**No Shirt Option:** Subtract \$2 from the entry fee.

**Course:** 5K Cross-Country course on the trails of **Medal of Honor Park**. This course has tree roots, rocks, and mud puddles (depending on the weather) - nature's obstacle course.

**Awards:** Top male and female Overall, Masters, Grandmasters, Senior Grandmasters, and Walker (walkers do not run at all during the race). Top three male and female in age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80+.

**Shirts:** To guarantee a shirt on race day, you must submit your application and fees by May 11. Shirts as available after May 11.

**Post-Race Party:** Special "end of year" party after race, food & beverages provided. Election of 2019 -2020 PCP board members will be held at this time.

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Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Address: \_\_\_\_\_ City, State & ZIP: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

I am a:    Runner    Walker    T-Shirt Size: YL   S   M   L   XL   XXL   No Shirt

PCP Member:    Yes    No    Donation to PCP Scholarship Fund: \$ \_\_\_\_\_

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Port City Pacers, the City of Mobile, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_  
(Parent/Guardian must sign for participants under 19)

Make checks payable to: Port City Pacers

Mail completed applications and fees to: PCP; Do It in the Bush; P.O. Box 6427; Mobile, AL 36660

