

Green Dress Run for Shelter

5K Run/Walk and 2-Mile K9 Walk

Saturday April 12, 2014 2 PM

Event: Run for Shelter is held in conjunction with the Erin Go Paw Fest, a dog friendly street party featuring live music.

Presented by: Callaghan's and Friends of the Mobile Animal Shelter

Benefits: Friends of the Mobile Animal Shelter (FOMAS)

Location: Race will start and finish at Washington Square, Mobile, AL)

Distance: 5K and 2 Mile courses through the Oakleigh Garden District of Mobile

Registration: Register by mail (entries should be postmarked by April 5, 2014), in person at McCoy Outdoor and Run-N-Tri in Mobile or Running Wild in Fairhope until noon on April 10, 2014, or online (<http://greendressrunforshelter5k.eventbrite.com>) until midnight, April 10, 2014. Race day registration and packet pick-up at Washington Square from 12:30 – 1:50 PM.

Entry fees: Pre-registered:

\$25 Adult

\$15 Youth 12 and Under

Day of Race:

\$30 Adult

\$20 Youth 12 and Under

*fees include a race shirt and ticket for the Erin Go Paw Fest 2014 that follows the run.

**no shirt option – subtract \$3 from fees

** Dogs may participate for free, but they must keep their people on short leashes. People are responsible for their pets and pet products.

Awards: Top male and female Overall and top male and female age group awards.

Shirts: To guarantee a shirt on race day, your application must be received by midnight on March 31, 2014.

Post-Race Party: Food and beverages will be provided after the race.

Last Name: _____ **First Name:** _____ **Age:** _____ **Sex:** _____

Address: _____ **City, State & ZIP:** _____

Date of Birth: _____ **Phone:** _____ **Email:** _____

T-Shirt Size: YL S M L XL XXL No Shirt **Event:** 5K K9 2-Mile

Donation to FOMAS: \$ _____

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Callaghan's, Friends of the Mobile Animal Shelter, the City of Mobile and LRH Productions (Margaret Olive), all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event on April 14, 2014, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant _____ Date _____
(Parent/Guardian must sign for participants under 19)

Make checks payable to: FOMAS

Mail completed applications and fees to: Run for Rescue; LRH Productions; PO Box 6976; Mobile, AL 36660