



Jag 5K Spirit Run and Fun Run

Saturday, January 25, 2014 8 AM

Benefits: Students Today Alumni Tomorrow

Sponsored by: USA Office of Alumni Relations

Location: Race will start and finish at the Moulton Tower and Alumni Plaza

Distance: Certified 5K course (AL10044JD) on USA Campus. Fun Run approximately ¾ mile.

Registration: Register by mail (entries should be postmarked by January 18, 2014), in person at McCoy Outdoor and Run-N-Tri in Mobile or Running Wild in Fairhope until noon on January 23, 2014, or online (<http://jagspirit5k.eventbrite.com>) until midnight, January 23, 2014. Race day registration at Alumni Plaza from 6:30 to 7:30 AM.

Entry fees:	Pre-registered:	Day of Race:
	\$20 Adult	\$25 Adult
	\$15 Youth 12 and Under	\$15 Youth 12 and Under
	\$18 USA Student	\$20 USA Student

Awards: Top male and female Overall, Masters, and Grandmasters. Top three male and female in age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, and 75-99. Fun Run finishers will receive ribbons.

Team Awards: Special awards for the teams: most participants; most spirit; fastest (first 5 team members scores for fastest team award)

Shirts: To guarantee a shirt on race day, you must submit your application by January 10, 2014.

Post-Race Party: Food and beverages will be provided after the race.

Last Name: _____ **First Name:** _____

Age: _____ **Sex:** _____ **Date of Birth:** _____ **USA Student:** Yes No

Address: _____ **City, State & ZIP:** _____

Phone: _____ **Email:** _____

Event: 5K Fun Run **T-Shirt Size:** YM YL S M L XL

Team Name: _____ **Donation to Students Today Alumni Tomorrow:** \$ _____

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release University of South Alabama, USA Office of Alumni Relations, LRH Productions (Margaret Olive), all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event on January 26, 2013, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant _____ Date _____
 (Parent/Guardian must sign for participants under 19)

Make checks payable to: Students Today Alumni Tomorrow
Mail completed applications and fees to: USA Office of Alumni Relations, Jag 5K Run, Alumni Hall, 5930 USA South Drive, Mobile, AL, 36688