



Scott Ward Memorial

Fit for Duty 5K Run/Walk and Fun Run

Saturday November 15, 2014 8:15 AM

Scott Ward: Baldwin County Sheriff Deputy Scott Ward was killed in the line of duty November 23, 2012 while on a domestic disturbance call. Scott believed in fitness and healthy nutrition. Scott's favorite hobbies were working out with his wife, Andrea, at the Daphne YMCA, personal training, and helping others to live a fit and healthy lifestyle. Scott strongly believed in supporting the Baldwin County Sheriff's Office Explorer Program and the Shining Star Camp.

Benefits: The Baldwin County Sheriff's Office Explorer Program and the Shining Star Camp (<http://sheriffofbaldwin.com/>)

Sponsored by: The Scott Ward Memorial Fund and the Baldwin Sheriff's Office

Location: Al Trione Park, 8600 Whispering Pines Rd, Daphne, AL

Distance: 5K course (course map available at <http://www.runningmap.com/?id=786155>); fun run approximately 1 mile

Start Times: 8:00 AM – Memorial Service 8:15 AM – 5K Start 9:00 AM – Fun Run Start

Registration: Register by mail (entries should be postmarked by November 7, 2014), in person at McCoy Outdoor in Mobile or Running Wild in Fairhope until noon on November 13, or online (<http://fitforduty5k.eventbrite.com>) until 4 AM November 14. Packet pick-up and race day registration at Al Trione Sports Complex from 6:30 to 7:45 AM.

Entry fees: Pre-registered:	Day of Race:
\$22 - Adult	\$25 - Adult
\$10 - Youth (12 and under)	\$15 - Youth (12 and under)

*Fees include race shirt, entry to post race party, and eligibility for door prizes.

Awards: 5K: Top male and female, and top three male and female in age groups: 9 and under, 10-19, 20-29, 30-39, 40-49, 50-59, 60+.

FUN RUN: Top 3 overall boys and girls, must be registered for the FUN RUN

Shirts: Participants registered by October 31, 2014 will be guaranteed a t-shirt in the size requested on race day. After October 31, 2014, tee shirts cannot be guaranteed.

Post-Race: Food, beverages, awards presentation and music.

Last Name: _____ **First Name:** _____ **Age:** _____ **Sex:** M F

Address: _____ **City, State & ZIP:** _____

Phone: _____ **Email:** _____ **Date of Birth:** _____

Event: 5K Fun Run **T-Shirt Size:** YM YL S M L XL XXL

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event. I am in good health and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of (the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, stroller's roller skates or blades, animals, and headsets, headphones, ear buds are not allowed in the 5k race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf waive and release the Scott Ward Memorial Fund, The Baldwin County Sheriff Office, The City of Daphne, Al Trione Sports Complex, Andrea Ward, LRH Productions (Margaret Olive), any of their representatives and successors from all claims or liabilities of any injury arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant _____ **Date** _____
 (Parent/Guardian must sign for participants under 19)

Make checks payable to: Baldwin County Sheriff's Foundation

Mail to: Baldwin County Sheriff Office, Attn: Scott Ward Memorial Run, 310 Hand Ave., Bay Minette, AL 36507

For additional information: call: Andrea Ward 251-689-6311 or email: ScottWard5K@yahoo.com