



Turkey Trot for Hope 5K & Gobble Wobble Fun Run

Thursday – November 24, 2016 – 8 AM

Benefitting Camp Rap-A-Hope



- Organized by:** Camp Rap-A-Hope (<http://www.camrapahope.org>)
Location: Downtown Mobile- Spanish Plaza
Distance: Certified 5K course (AL08033JD). Fun Run is less than a mile.
Events: 5K run/walk starts at 8 AM; Fun Run starts at 9 AM.
Registration: **Pre-register** by mail (entries should be postmarked by November 18), in person at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile or Running Wild in Fairhope until noon on November 22, or online (<http://turkeytrotforhope2016.eventbrite.com>) until 4 AM November 23. **Early Packet Pickup and late registration** will be available Wednesday, November 23 at the Mobile Medical Society office at 2701 Airport Blvd. from 10:00 AM – 6:00 PM. **Race day registration and Packet Pick-up** will be at Spanish Plaza from **6:15 – 7:30 AM**.

Entry fees: 5K or Fun Run

Early Bird (through 11/5/2016)	Pre-registered (11/6 – 11/23)	Race Day
Adult (>12): \$25	Adult (>12): \$30	Adult(>12): \$35
Children (<13): \$15	Children (<13): \$20	Children (<13): \$25
Stay in bed - with shirt: \$15		

Entry fees includes long sleeved race shirt, eligibility for awards, and post race celebration
No shirt option – subtract \$5.

Awards: Top male and female Overall, Masters, Grandmasters, Senior Grandmasters and top three male and female in age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, and 75-99.

Special Awards: Awards will be given to the teams with the most participants, the best Thanksgiving costume, and the fastest turkey*. *Turkey participants must be dressed comb to talons as a turkey.

Shirts: To guarantee a long sleeved shirt on race day, you must submit your application by November 11.

Post-Race Party: Food and beverages will be provided after the race.

Last Name: _____ First Name: _____ Age: _____ Sex: M F

Address: _____ City, State & ZIP: _____

Date of Birth: _____ Phone: _____ Email: _____

Event: 5K Run/walk 5K Turkey Run/Walk (run while dressed as a turkey) Fun Run Stay in Bed/Kitchen

I am a member of a team: Yes No Corporate Cup/Team Name: _____

T-Shirt Size: YS YM YL S M L XL XXL No shirt Donation to Camp Rap-A-Hope: \$ _____

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the 5K race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Camp Rap-A-Hope, LRH Productions, the City of Mobile, Mobile County Sheriff Office, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant _____ Date _____
(Parent/Guardian must sign for participants under 19)

Make checks payable to: **Camp Rap-A-Hope**
 Mail applications and fees to: **Camp Rap-A-Hope; 2701 Airport Blvd; Mobile, AL 36606**