

# Alma Bryant High School Hurricane 5K and Fun Run

**Saturday                      May 21, 2016                      7:00 AM**

**Benefits:** Alma Bryant High School Cheerleading

**Organized by:** Alma Bryant High School Cheerleading

**Location:** Alma Bryant High School Irvington, AL (beginning at the field house)

**Distance:** Certified 5K course (AL12042JD) starts and finishes at Bryant High School. Fun Run is approximately 1 Mile.

**Registration:** Register by mail (entries should be postmarked by May 14), in person at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile until noon on May 19, or online at <http://bryanthighhurricanerun.eventbrite.com> until 4 AM midnight May 20. Race day registration at the Alma Bryant High School field house 6:00 - 6:45 AM.

**Entry fees:** Pre-registered: \$20 for 5K; \$10 for Fun Run  
Day of Race: \$25 for 5K; \$15 for Fun Run

**Awards:** Top male and female Overall, Masters, Grandmasters, Senior Grandmasters, and Race Walker. Top three male and female in age groups: 9 and under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69,70-99.

**Shirts:** To guarantee a shirt on race day, you must submit your application by May 10.

**Post-Race Party:** Snacks and beverages will be provided after the race.

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Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_ City, State & ZIP \_\_\_\_\_

Date of Birth \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

T-Shirt Size: YM    YL    S    M    L    XL    XXL

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Alma Bryant High School, Irvington, AL, LRH Productions, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_

(Parent/Guardian must sign for participants under 19)

Make checks payable to **Alma Bryant High School**.

Mail completed applications and fees to **14001 Hurricane Blvd.; Irvington, AL 36544**