## Do It in The Bush 5K

Saturday May 10, 2014 7:30 AM

Benefits: Port City Pacers Scholarship Fund

Organized by: Port City Pacers (www.pcpacers.org; 251-473-7223)

Location: Medal of Honor Park/Cottage Hill Park; 1711 Hillcrest Rd; Mobile, AL 36695

Registration: Register by mail (entries should be postmarked by May 3, 2014), in person at McCoy

Outdoor or Run-N-Tri in Mobile or Running Wild in Fairhope until noon on the May 8, 2014, or online (eventbrite.com) until midnight May 8, 2014. Race day registration:

Cottage Hill Park/Medal of Honor Park from 6:30-7:30 A.M.

Entry fees: With Shirt:

Pre-registered PCP member - \$15 adult
Pre-registered Non-member - \$18 adult
Everyone on day of race - \$20 adult
\$7 children (12 and under)
\$15 children (12 and under)
\$15 children (12 and under)

No Shirt Option: Subtract \$3 from the entry fee.

\*\*\*PCP Members 12 and under may participate for free - (\$7 with shirt) - if they

pre-register

Course: 5K Cross-Country through the trails of Cottage Hill Park

Awards: Top male and female Overall, Masters, Grandmasters, Senior Grandmasters, and

Walker (walkers do not run at all during the race). Top three male and female in age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-

54, 55-59, 60-64, 65-69, 70-74, and 75-99.

Shirts: To guarantee a shirt on race day, you must submit your application and fees by

May 3, 2014.

Post-Race Party: Special "end of year" party after race, food & beverages provided. Election of 2014

-2015 PCP board members to be held at this time.

Last Name:			First Name:	First Name:			/	lge:	Sex:	
			City, State &			& ZIP	ZIP:			
Date of Birth:		Phone Number:		Email:						
I am a:	Runner	Walker	T-Shirt Size:	УL	S	Μ	L	XL	XXL	No Shirt
Donation t	o PCP Schola	rship Fund: \$								
Who would	l you like to	see on the 2015 [	oo It in the Bush race	tee	shirt?	·				

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Port City Pacers, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant		Date_				
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