

## Miles for Medicine

## 5K and Fun Run

May 31, 2014 Saturday **7 AM** Benefits: 100% of net proceeds will fund children's cancer research and treatment at Nemours Children's Health System **Sponsored by:** Physician Assistant Students Location: Race will start and finish at the SGA Pavilion by the intramural fields **Distance:** Certified 5K course (AL08044JD) on USA Campus. Registration: Register by mail (entries should be postmarked by May 25), in person at McCoy Outdoor or Run-N-Tri in Mobile or Running Wild in Fairhope until noon on May 29, or online (www.signmeup.com) until midnight, May 29. Race day registration at the SGA Pavilion from 6:15 to 6:45 AM. **Entry fees: Pre-registered:** Day of Race: \$20.5K \$25 5K \$15 5K Student \$20 Student 5K \$10 Fun Run \$15 Fun Run Awards: Top male and female Overall, Masters, and Grandmasters. Top male and female in age groups: 10 and under, 11-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70-99. Fun Run finishers will receive ribbons. **Shirts:** To guarantee a shirt on race day, you must submit your application by May 14, 2014. **Post-Race Party:** Food, beverages, and fun family activities will be provided after the race. Last Name: \_\_\_\_\_ First Name: \_\_\_\_ Age: \_\_\_ Sex: M F Address: \_\_\_\_\_ City, State & ZIP: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Phone: \_\_\_\_ Email: \_ T-Shirt Size: YM YL S XL Event: 5K Fun Run

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release University of South Alabama, Physician Assistant Students, LRH Productions (Margaret Olive), all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event on May 31, 2014, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant \_\_\_\_\_\_ Date \_\_\_\_\_\_

(Parent/Guardian must sign for participants under 19)

Make checks payable to: AL-PASS

Mail completed applications and fees to: Miles for Medicine; ATTN: Lauren Layne; Dept Physician Assistant Studies; 5721 USA Drive N HAHN 3124; Mobile, AL 36688