



# St. Mary Mustang Stampede!

## 5K Run/Walk and Fun Run/Walk

### Sunday ~ November 8, 2015 ~ 9:00 am

**Location:** St. Mary Catholic School (107 N. Lafayette Street, Mobile, AL 36604)

**Course:** 5K and Fun Run will start and finish at the historic St. Mary Catholic School campus. The course will run through the neighborhood streets around the school including the McGill-Toolen campus.

**RACE SHORTS:** Race shorts instead of race shirts!!! *They will be PE approved for the children.*

**Registration:** Pre-register by mail (entries should be postmarked by November 1), in person at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile until noon on the Thursday, November 5, or online (<https://www.raceentry.com/races/st-mary-mustang-stampede/2015/register>) until 4 AM Friday, November 6. Packet pick-up and race day registration at St. Mary's from 8 – 8:45 AM

**Entry fees: Pre-registered**

With shorts: \$20

Without shorts: \$15

Shorts only (no running): \$12

**Day of Race**

With shorts: \$25

Without shorts: \$20

**Post Race:** Refreshments, awards, games and a Fall Festival following!

----- ENTRY FORM – ONE PARTICIPANT PER FORM -----

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Age: \_\_\_\_ Gender: M F

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_ ZIP: \_\_\_\_\_

Birthday: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Event: 5K Fun Run Shorts only Do you plan to push a stroller: Yes No

Shorts size (youth): YS YM YL YXL Shorts size (adult): AS AM AL AXL AXXL NO SHORTS

Do you or your children attend St. Mary Catholic School? (circle one): Yes No

Are you a member of St. Mary Parish? (circle one): Yes No

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/ or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release St. Mary's Church, St. Mary's Catholic School, Margaret Olive, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Participant Signature (parent/guardian if participant is under 18): \_\_\_\_\_

**Make checks payable to:** St. Mary Catholic School

**Mail to:** Mustang Stampede; St. Mary Catholic Church; 107 N. Lafayette St; Mobile, AL 36604