

3rd Annual Peace at Bellingrath



"Grow Mobile"

5K Run/Walk and 1 Mile Run/Walk

Saturday ~ January 24, 2015 ~ 8 AM

- Benefits:** Women's Business Center
- Organized by:** Ray Weinshenker, The Man About Town
- Location:** Bellingrath Gardens, 12401 Bellingrath Gardens Road, Theodore, AL
- Distance:** Certified 5K course (AL12033JD) and certified 1 Mile course (AL12034JD). Both are flat, out and back courses outside the gardens of Bellingrath.
- Registration:** Register by mail (entries should be postmarked by **January 17**), in person at McCoy Outdoor, Run-N-Tri in Mobile, or Running Wild in Fairhope until noon on **January 22**. Register online at <http://peaceatbellingrath2015.eventbrite.com> until 4 AM on **January 23**. Race day registration at Bellingrath Gardens from **6:30-7:45AM**.
- Entry fees:** **Pre-registered:** **Day of Race:**
Adults: \$20 Adults: \$25
Children 12 and under: \$15 Children 12 and under: \$20
***Fees include long sleeved race shirt and free entry into the Gardens**
****No shirt option, subtract \$3**
- Awards:** Top male and female Overall, Masters, Grandmasters, Senior Grandmasters, and Race Walker. Top three male and female in age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, and 75-99.
- Shirts:** To guarantee a shirt on race day, submit your application by January 10, 2015.
- Post-Race Party:** Food and beverages will be provided after the race.

Last Name: _____ First Name: _____ Age: _____ Sex: M F

Address: _____ City, State & ZIP: _____

Date of Birth: _____ Phone: _____ Email: _____

Race Walker: Yes No Event: 5K Fun Run T-Shirt: YL S M L XL XXL No Shirt (subtract \$3)

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Ray Weinshenker, The Man About Town, Bellingrath Gardens, LRH Productions, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant _____ Date _____

(Parent/Guardian must sign for participants under 19)

Make checks payable to: **The Man About Town**

Mail to: **Peace at Bellingrath 5K; LRH Productions; PO Box 6976; Mobile, AL 36660**