

Race to the River

5K Run/Walk and Fun Run/Walk

Saturday, June 18, 2016

5K Start - 7:30 a.m. ~ Fun Run Start - 8:30 a.m.



Location: Run/Walk will start and finish at Ft. Conde

Benefits: GulfQuest/National Maritime Museum of the Gulf of Mexico

Distance: Certified 5K course through downtown Mobile. Fun Run is approximately 1 mile

Parking: Participants are asked to park near Ft. Conde Village or in the GulfQuest parking lot

Registration: **Pre-register:** by mail (entries should be postmarked by June 11), walk-in at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile or Running Wild in Fairhope until noon on June 16, or online until 4 a.m. June 17.

Early packet pick-up and late registration will take place at GulfQuest Maritime Museum on Friday, June 17, from noon - 6 p.m.

Race day registration and packet pick-up will be at GulfQuest Maritime Museum from 6 a.m. - 7 a.m.

Online registration: www.gulfquest.org

Shirts: Participants registered by June 1 will be guaranteed a t-shirt in the size requested. After June 1, t-shirts cannot be guaranteed.

Fees*: **Pre-registered:**

Adults: \$25

Youth (12 and younger): \$20

Day of Race:

Adults: \$30

Youth (12 and younger): \$25

*Fees include race shirt, **HALF PRICE ENTRY IN TO GULFQUEST, HALF PRICE GULFQUEST MEMBERSHIPS** and entry to post race celebration.

Awards: Top male and female Overall, Masters, Grandmasters, and Senior Grandmasters.

Top three Male and female in age groups: 9 and under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70+

Post-Race Party: Shrimp and grits from The Galley (GulfQuest café), beverages, awards presentation, live music and door prizes, all along the beautiful Mobile River at GulfQuest!

Last Name: _____ **First Name:** _____ **Age:** ____ **Sex:** M F

Address: _____ **City, State & ZIP:** _____

Phone: _____ **Date of Birth:** _____ **Email:** _____

T-Shirt: YM YL S M L XL XXL No Shirt (-\$3)

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, strollers, roller skates or blades, animals, and headsets/headphones/ear buds are not allowed in the 5K race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release GulfQuest Maritime Museum, the City of Mobile, LRH Productions, their employees, officers, and agents, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant: _____ **Date:** _____
(Parent/Guardian must sign for children under 19)

Make checks payable to: **GulfQuest**

Mail to: **P.O. Box 3005, Mobile, AL 36652**

For additional information, please contact: **Pamela Brewer, pbrewer@gulfquest.org or 251-202-6303**