

The Optimist Club of Perdido Bay presents  
The 37<sup>th</sup> Annual Mullet Festival and the Bud Morris Memorial

# Run for the Mullet

5K Run/Walk and 1 Mile Fun Run/Walk  
Labor Day ~ September 4, 2023 ~ 7:30 AM



**Time:** 5K Run/walk will start at 7:30 AM.  
Fun Run/Walk will start at approximately 8:30 AM.

**Location:** Start/finish at Lillian Community Club, 34148 Widell Ave, Lillian AL

**Benefits:** All proceeds to support "Our mission is KIDS" & "Bringing out the BEST in KIDS"

**Distance:** 5K course on the rolling, rural roads (paved and dirt surfaces) in Lillian, AL.  
Fun run course is one mile loop.

**Registration:** Pre-register by mail (entries should be postmarked by August 26, 2023), walk-in registration at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile until noon on September 4 or online (<https://runsignup.com/Race/Events/AL/Lillian/MulletFestival5K1MileFunRun>) until 12 PM September 3, 2023.

Race day registration and packet pick-up at Lillian Community Club from 6 – 7:15 AM.

**Shirts:** Participants must be registered by August 25 to be guaranteed a tee shirt on race day.

**Fees: Pre-registered:**

**5K:** \$25 (shirt is included)

**Fun Run:** Free (shirt not included)

**Tee shirt:** \$15

**Day of Race:**

**5K:** \$30 (shirt is included)

**Fun Run:** Free (shirt not included)

**Tee shirt:** \$15

**Awards: 5K Runners:** Top 3 male and female Overall, and top male and female Masters, Grandmasters, and Senior Grandmasters. Top 3 male and female in age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, and 80+.

**5K Walkers:** Top 3 male and female Overall, and top 3 male and female in age groups: 12 & under, 13-20, 21-34, 35-49, and 50-64 and 65+

**5K Wheelchair:** Top 3 male and female Overall

**Fun Run:** Top 2 male and female finishers (must be registered for Fun Run). First 40 fun run finishers will receive ribbons when they cross the finish line.

**Post-race Party:** Beverages, snacks, and awards after the race. Enjoy the 37<sup>th</sup> Annual Mullet Festival!!!

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**Last Name:** \_\_\_\_\_ **First Name:** \_\_\_\_\_ **Age:** \_\_\_\_ **Sex:** M F

**Address:** \_\_\_\_\_ **City, State & ZIP:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**T-Shirt:** S M L XL XXL **Event:** 5K Fun Run (Free) Tee shirt (\$15)

**Category:** Runner Wheelchair Walker (no running during race)

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, strollers, roller skates or blades, animals, and headsets/headphones/earbuds are not allowed in the 5K race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Optimist Club of Perdido Bay, the City of Lillian, LRH Productions (Margaret Olive), their employees, officers, and agents, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

**Signature of Participant:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
(Parent/Guardian must sign for children under 19)

**Make checks payable to:** OCPB

**Information:** Dodd Bouchillon – 256-991-4619

**Mail to:** Run for the Mullet; PO Box 87; Lillian, AL 36549

**Vickie Loper – 251-979-1973**

**Jake Atkisson – 205-612-7905**