



# Running with the Toros

## 5K Race and 1-Mile Fun Run

Saturday - August 1, 2015 - 7:30 AM 5K - 8:30 AM 1 Mile

**Benefits:** Toro Foundation Club (501(c)3 nonprofit that supports all Spanish Fort Athletic Programs) Contact Mitch Kitchens at mkitchens@southalabama.edu

**Location:** Spanish Fort High School (1 Plaza de Toros, Spanish Fort, AL 36527)

**Distance:** Point to point 5K course – start at Spanish Fort Middle School; finish at Spanish Fort High School. Fun Run is a 1-Mile and will start and finish at Spanish Fort High School.

**Shuttles:** Participants will park at Spanish Fort High School and be shuttled to the start at Spanish Fort Middle School.

**Registration:** Register by mail (entries should be postmarked by July 25), in person at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile or Running Wild in Fairhope until noon Thursday, July 30, or online at <https://go.events.com/#/event/2350> until 4 AM Friday, July 31. Packet pick-up and race day registration from 6:30 AM - 7:15 AM at Spanish Fort High School.

**Entry fees: Pre-register**

Adults: \$20

Children 12 and under: \$15

\*Fees include race shirt. No shirt option, subtract \$3

**Day of Race**

Adults: \$25

Children 12 and under \$20



**Packet Pick-up:** Packets will be available for pick-up at Spanish Fort High School starting at 6:30 AM

**Awards:** Top male & female finishers and top three male & female in age groups: 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70-99

**Shirts:** To guarantee a shirt on race day, you must submit your application by July 25.

**Post-Race:** All post-race activities will take place at Spanish Fort High School. Food and beverages will be provided after the race.

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M F

Address: \_\_\_\_\_ City, State & Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Event: 5K Fun Run T-Shirt Size: YS YM YL S M L XL XXL No Shirt

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat &/or humidity, traffic, & the conditions of the road, all such risks being known & appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals & radio headsets are not allowed in the race & I will abide by these guidelines. Having read this waiver & knowing these facts & in consideration of your accepting my entry, I, for myself & anyone entitled to act on my behalf, waive & release Toro Foundation Club, LRH Productions, Spanish Fort Middle School, Spanish Fort High School, Baldwin County Board of Education, all sponsors, their representatives & successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_

(Parent/Guardian must sign for participants under 19)

**Make checks payable to:** Toro Foundation Club

**Mail completed application & fees to:** Running with the Toros; LRH Productions; PO Box 6976; Mobile, AL 36660