



**REGISTER NOW FOR OUR 5K RUN IN SEMMES, AL!
ALL PROCEEDS BENEFIT THE WOMEN'S RESOURCE CENTER.
STROLLERS ARE WELCOME! LUNCH AND A T-SHIRT IS
PROVIDED FOR RUNNERS!**

**FOR MORE INFORMATION AND HOW TO BE A SPONSOR, SCAN
THE QR CODE BELOW OR EMAIL LORI AT
LORI@WRCMOBILE.ORG**

SCAN ME TO REGISTER



**OCTOBER 15TH 8AM
SEMMES HONOR PARK**

