



CAMP SEALE HARRIS

SOUTHEASTERN DIABETES EDUCATION SERVICES

Run for Fun 5K

Saturday ~ April 29, 2017 ~ 8:30 AM

Benefits: Camp Seale Harris – Southeastern Diabetes Education Services
(www.campsealeharris.org)

Location: Race will start and finish at the SGA Pavilion by the intramural fields

Distance: Certified 5K course (AL08044JD) – “the Swamp Loop” - on USA Campus.

Registration: Register by mail (entries should be postmarked by April 22), person at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile or Running Wild in Fairhope until noon on April 27, or online (<http://runforfun5kcampsealeharris2017.eventbrite.com>) until 4 AM April 28. Packet pick-up and race day registration at the SGA Pavilion from 7:30 AM to 8:15 AM.

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| Entry fees: | Pre-registered by 3/25/17: | Register between 3/26/17 – 4/28/17 |
| | \$20 Adult | \$25 Adult |
| | \$15 Youth - 12 and Under | \$20 Youth - 12 and Under |
| | \$15 Stay in Bed – get a shirt but no running | |
| | *Fees include race shirt; no shirt option – subtract \$3 | |
| | **Fees go up by \$5 on race day | |

Awards: Top male and female Overall, and top three male and female in age groups: 9 and under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, and 70-99.

Shirts: To guarantee a shirt on race day, you must submit your application by April 15.

Post-Race Party: Food and beverages will be provided after the race.

Last Name: _____ **First Name:** _____ **Age:** _____ **Sex:** M F

Address: _____ **City, State & ZIP:** _____

Date of Birth: _____ **Phone:** _____ **Email:** _____

Event: 5K **Stay in Bed** **T-Shirt Size:** YM YL S M L XL No Shirt

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release University of South Alabama, Camp Seale Harris, LRH Productions (Margaret Olive), all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I understand all entries are final and that race organizers reserve the right in the event of an emergency or local or national disaster to cancel the race or change the date/time of the event and that there is no refund of entry fees for any reason.

Signature of Participant _____ Date _____
(Parent/Guardian must sign for participants under 19)

Make checks payable to: Camp Seale Harris
Mail to: Camp Seale Harris; Run for Fun 5K; 500 Chase Park South; Birmingham, AL 35244
For more information, contact: Jody Fidler -251-209-6055