Seventh Annual Caring for Caryn's Kids
5K Run & 1 Mile Fun Run
Saturday, January 22, 2022
5K - 8:00AM Fun Run - 9:00AM

Caring for Caryn's Kids

Benefits: Caryn's Kids 2027 Scholarship Fund

Date & Time: Saturday, January 22, 2022 | 5K will begin at 8AM | Fun Run will begin at 9AM

Distance: 5K Course and Fun Run approximately 1 Mile

Location: The Grounds, 1035 Cody Road N., Mobile, AL 36608

Registration: Online registration on Active.com – 7th Annual Caring for Caryn's Kids 5K and Fun Run
Register by mail, no later than January 8. Race packets will be available at The Grounds on race day beginning at 6 AM.
Register in person at any of the following locations prior to January 15.

- Sessions Farm Market (Grand Bay)
- McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile

Entry Fees:

- Pre-registration $25
- Spirit Runners $15

(Spirit Runners will receive a t-shirt & can participate in the after party, but do not participate in the run. Spirit Runners must pick up shirts on race day.

Awards: **5K:** Top Three Male & Female Winners in each age group category
Fun Run: Top 3 Male & 3 Female finishers
Group with most participation

Categories: Ages 0-9; Ages 10-14; Ages 15-19; Ages 20-29; Ages 30-39; Ages 40-49; Ages 50+

T-Shirts: To guarantee a shirt, you must submit your registration application must be received by January 8.

Post-Race: Refreshments, music, and awards ceremony. Children's activities will be available as well.

Last Name: _____ **First Name:** _____ **Age:** _____ **Gender:** _____

Group/School Name (if applicable): _____

Address: _____ **City, State & Zip:** _____

Date of Birth: _____ **Phone:** _____ **Email:** _____

Event: 5K Fun Run Spirit Runner **T-shirt Size:** YS YM YL AS AM AL AXL AXXL AXXXL NO SHIRT (deduct $3)

I know that running or walking a cross-country race is a potentially hazardous activity that could cause injury or death. I should not enter the run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all inherent risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road, the conditions of the trail, the conditions of the bridges, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive, discharge, and release the Dodge Elementary/CKSF, the Grounds, LRH Productions, and its trustees, officers, and members, from all claims or liabilities of any kind arising out of my participation in this event on January 22, 2022 even though that liability may arise out of negligence or carelessness on part of the persons named in this waiver.

Participant's Signature: _____**Date:** _____ **Amount Enclosed:** _____
(Parent/Guardian's Signature if under 18)

Make checks payable to: Caryn's Kids Scholarship Fund
Mail application to: CK Scholarship Fund PO Box 784 Grand Bay, AL 36541
Contact Info: carynskids2027@aol.com or 251.709.2484
Internal Use: Received By: _____ **Total Received:** _____ **Date:** _____ **Entered GD:** _____