

USA Lions Club and Auburn's Harrison School of Pharmacy Present



# Miles for Medicine

## 5K Run/Walk and Fun Run

Saturday ~ August 25, 2018 ~ 7:30 AM



**Time:** 5K Run/walk will start at 7:30 AM. Fun Run will start at approximately 8:30 AM.

**Location:** Performing Arts Pavilion, Langan (Municipal) Park, 4901 Zeigler Blvd, Mobile, AL 36608

**Benefits:** Proceeds from the Miles for Medicine will benefit the sight programs of the University Lions Club (<http://www.e-clubhouse.org/sites/mobileuniversity>) and will help support Ozanam Charitable Pharmacy, a 501(c)(3) nonprofit pharmacy that serves uninsured patients in Mobile, Baldwin and Escambia counties (<http://ozanampharmacy.org>).

**Distance:** Certified 5K course (AL10001JD) takes participants through lovely Langan Park. Fun Run approximately 3/4 mile

**Parking:** Please park in the large parking lot adjacent to the lake – do not park on the driveways.

**Registration:** Pre-register by mail (entries should be postmarked by August 18, 2018), walk-in registration at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile, or Running Wild in Fairhope until noon on August 23 or online (<http://milesformedicine2018.eventbrite.com>) until 4 AM on August 24. Race day registration and packet pick-up will take place at Performing Arts Pavilion from 6 – 7:15 AM.

**Shirts:** Participants registered by August 19 will be guaranteed a tee shirt in the size requested on race day. After August 19, tee shirts can not be guaranteed.

**Fees: Pre-registered:**

**Adults:** \$20

**Youth (12 and younger):** \$15

**USA Students:** \$17

**Staying in bed:** \$15

\*Fees include race shirt (additional \$2 for XXL shirts) and entry to post race party.

\*\*Staying in bed - get a shirt but do not run.

No T-shirt option: subtract \$3 from registration fees.

**Day of Race:**

**Adults:** \$25

**Youth (12 and younger):** \$20

**USA Students:** \$20

**Awards: 5K:** Top male and female Overall, Masters, Grandmasters, and Senior Grandmasters. Top three Male and female in age groups: 9 and under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+.

**Fun Run:** Finishers will receive ribbons

**Post-race Party:** Food, beverages, music and awards after the race in the Performing Arts Pavilion..

**Last Name:** \_\_\_\_\_ **First Name:** \_\_\_\_\_ **Age:** \_\_\_\_ **Sex:** M F

**Address:** \_\_\_\_\_ **City, State & ZIP:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**T-Shirt:** YM YL S M L XL XXL(add \$2) No Shirt (Subtract \$3) **Event:** 5K Fun Run Stay in bed

**Donation to University Lions Programs:** \$ \_\_\_\_\_ **Donation to Ozanam Charitable Pharmacy:** \$ \_\_\_\_\_

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, strollers, roller skates or blades, animals, and headsets/headphones/ear buds are not allowed in the 5K race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release University Lions Club, Lions Club International, Auburn Harrison School of Pharmacy, the City of Mobile, LRH Productions, their employees, officers, and agents, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

**Signature of Participant:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
(Parent/Guardian must sign for children under 19)

**Make checks payable to:** University Lions Club

**Mail to:** University Lions Club; PO Box U-1095; Mobile, AL 36688

**For additional information, please call:** 251/461-1718 or email: [rbarrington@southalabama.edu](mailto:rbarrington@southalabama.edu)