



# 5K Rescue Run

## Wiggle Waggle Walk/Run

### Saturday April 28, 2018 - 8 AM

- Benefiting:** Animal Rescue Foundation ([www.AnimalRescueMobile.org](http://www.AnimalRescueMobile.org))
- Distances:** 5K Rescue Run certified (AL16008JD) 5K course (*Humans Only*)  
Wiggle Waggle Walk/Run - 3/4 Mile
- Location:** Bellingrath Gardens and Home
- Registration:** Registration by mail must be received by April 23, drop off at McCoy Outdoor or Run-N-Tri in Mobile or Running Wild in Fairhope until noon on April 25, or register online at [AnimalRescueMobile.org](http://AnimalRescueMobile.org) until 4 AM April 27
- Pets:** Dogs are welcome at the Wiggle Waggle Walk. People are responsible for pet products.
- Entry fees:** Pre-registered: 5K - \$25                      Wiggle Waggle Walk Fun Run: \$25  
Race day: 5K - \$30                                      Wiggle Waggle Walk Fun Run: \$25  
Stay in the Kennel - \$15 - includes shirt but no running/walking required  
\*Fees include race shirt and post-race refreshments
- Awards:** First male and female finishers, top 3 finishers (male and female) 9 and under, 10-14, 15-19. Top finishers (male and female) 20-29, 30-39, 40-49, 50-59, 60-69, and 70+
- Shirts:** To guarantee a shirt on race day, your registration must be received by April 14, 2018.
- Post-race:** Food and beverages will be provided after the race. New this year - a special kid zone! Runners/Walkers receive special discounted admission to Bellingrath Gardens after the race and for one day only, dogs are allowed to accompany visitors to the gardens for a \$5 donation to ARF. Friends and family also receive discounted admission after the race (\$10 adults/\$5 children)
- R-A-R:** No dog to walk? No problem! **Rent A Rescue!** For a \$10 donation you can Rent- a-rescue for the walk! To reserve a rescue, email: [wiggle@AnimalRescueMobile.org](mailto:wiggle@AnimalRescueMobile.org)

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex:    M    F

Address: \_\_\_\_\_ City, State & ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Email: \_\_\_\_\_

T-Shirt: S   M   L   XL   XXL                      Event: 5K    Fun Run    Stay in Kennel

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, strollers, roller skates or blades, animals, and headsets/headphones/ear buds are not allowed in the 5K race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Animal Rescue Foundation, Bellingrath Gardens, LRH Productions, their employees, officers, and agents, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant (Or Guardian if Under 19): \_\_\_\_\_ Date: \_\_\_\_\_

**Make Checks Payable to:** Animal Rescue Foundation  
**Mail checks and applications to:** Wiggle Waggle; LRH Productions; PO Box 6976; Mobile, AL 36660

