

5K and Fun Run Friday, October 27, 2017 • 6 PM





Benefits:	USA Children's & Women's Hospital Pediatric Emergency Department
Location:	USA Campus - Lawn of the Mitchell Center near Moulton Tower
Distance:	Certified 5K course on USA Campus. Fun Run is approximately 1 Mile
Registration :	Register by mail (entries should be postmarked by October 20), in person at McCoy Outdoor or Run-N-Tri in Mobile or Running Wild in Fairhope until noon on Wednesday, October 23rd, or online (usahealthsystem.com/trick-or-trot) until 12 AM on October 26. Early packet pick-up and late registration will be available on Thursday, October 26 th from 12 – 6PM at USA Children's and Women's Hospital Cafeteria and Friday at the Mitchell Center Registration Tent at 4:30 PM.
Entry fees:	Pre-registered BY 11:59 PM SEPT 17Regular Registration SEP 18-OCT 26Day of Race OCT 27Adult: \$20Adult: \$25Adult: \$30Children (15 and under): \$10Children: \$15Children: \$15Can't attend? Support the hospital by being a "Ghost" Runner: \$15*All fees include race shirt
Awards:	Top male and female Overall, Masters, Grandmasters, Senior Grandmasters, and Race Walker. Top three male and female in age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70-99.
Shirts:	Participants pre-registered by October 13th are guaranteed a t-shirt on race day. Late registrants will receive t-shirts as long as supplies last.
Post-Race Party:	All registered racers will have access to the "Monster Mash" party after the race. Vendor tents, jump houses, music, photo booth, pumpkin decorating, food, drinks and trick or treating! If you are not a runner, you can purchase a wristband for the Monster Mash at the Main Tent.
Last Name	First NameAge Sex
Address	City, State & ZIP
Date of Birth	_ PhoneEmail
Style: Runner	Race Walker Event : 5K Fun Run Ghost Runner

T-Shirt Size: YXS YS УΜ Adult: XL 2XL* 3XL* S M All shirts will be soft cotton *Please add \$3 for 2XL and 3XL

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release USA Children's and Women's Hospital, the University of South Alabama and its trustees, officers, agents, servants and employees, LRH Productions, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons or institutions named in this waiver.

Date

Signature of Participant_

(Parent/Guardian must sign for participants under 19)

Make checks payable to: USA CHILDREN'S & WOMEN'S HOSPITAL

Mail completed applications and fees to: CWH DEVELOPMENT OFFICE 1700 CENTER STREET MOBILE, ALABAMA 36604