

Fourth Annual Caring for Caryn's Kids 5K Glow Run & Fun Glow Run Saturday, March 10, 2018 6:00 pm



- Benefits:** Caryn's Kids Scholarship Fund
- Date & Time:** Saturday, March 10, 2018, 6:00pm; Fun Run begins at 6:45pm
- Distance:** Certified 5K Course & Fun Run approximately 1 Mile
- Location:** University of South Alabama Intermural Fields
- Registration:** Register by mail, no later than March 1. Race packets will be available race day beginning at 4:30pm. Register in person at any of the following locations prior to March 2.
- Dodge Elementary School
 - Grand Bay Middle School
 - Sessions Farm Market (Grand Bay)

- Entry Fees:**
- Early Bird (prior to January 15) \$20
 - Regular Registration (January 16-Race Day) \$25
 - Spirit Runners \$15
- (Spirit Runners will receive a t-shirt & can participate in the after party, but does not participate in the run. Spirit Runners must pick up shirts on race day.)

- Awards:** **5K:** Top Three Male & Female Winners in each Category
Fun Run: Top Male & Female
Group with most participation

- Categories:** Ages 0-9; Ages 10-14; Ages 15-19; Ages 20-24; Ages 25-29; Ages 30-39; Ages 40-49; Ages 50-59; Ages 60+

T-Shirts: To guarantee a shirt, you must submit your registration application no later than February 16.

Post-Race: Refreshments, music, and awards ceremony. Children's activities will be available as well.

Last Name: _____ **First Name:** _____ **Age:** _____ **Gender:** _____

Group Name (if applicable): _____

Address: _____ **City, State & Zip:** _____

Date of Birth: _____ **Phone:** _____ **Email:** _____

Event: 5K Fun Run Spirit Runner **T-shirt Size:** YS YM YL AS AM AL AXL AXXL AXXXL NO SHIRT (deduct \$3)

I know that running or walking a cross-country race is a potentially hazardous activity that could cause injury or death. I should not enter the run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all inherent risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road, the conditions of the trail, the conditions of the bridges, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive, discharge, and release the Dodge Elementary/CKSF, the University of South Alabama and its trustees, officers, and members, from all claims or liabilities of any kind arising out of my participation in this event on March 10, 2018, even though that liability may arise out of negligence or carelessness on part of the persons named in this waiver.

Participant's Signature: _____ **Date:** _____ **Amount Enclosed:** _____

(Parent/Guardian's Signature if under 18)

Make checks payable to: Caryn's Kids Scholarship Fund

Mail application to: CK Scholarship Fund PO Box 784 Grand Bay, AL 36541

Contact Info: carynskids2027@aol.com or 251.709.2484

Internal Use: Received By: _____ Total Received: _____ Date: _____ Entered GD: _____