



La Luna Servante presents

# Crazy Socks 5K and Fun Run



Saturday ~ October 14, 2017 ~ 8 AM

- Time:** 5K Run/walk will start at 8 AM. Fun Run will start at approximately 8:30 AM.
- Location:** SGA Pavilion, Intramural fields, Cleverdon Blvd, USA Campus, Mobile, AL
- Benefits:** Fifty percent of race proceeds will be donated to the Ronald McDonald House Charities of Mobile, AL
- Distance:** Certified 5K course (AL08004JD) – the “Swamp Loop”; Fun Run approximately ¾ mile
- Parking:** Free parking adjacent to SGA Pavilion. Campus Police will direct participants to parking lots.
- Registration:** Pre-register by mail (entries should be postmarked by October 7, 2017), walk-in registration at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile, or Running Wild in Fairhope until noon on October 12 or online (<http://crazysocks2017.eventbrite.com>) until 4 AM on October 13. Early packet pick-up and registration available at Mellow Mushroom at University Blvd and Old Shell RD on Friday, October 13, from 3 - 6 PM. Race day registration and packet pick-up will take place at SGA Pavilion from 6:30 – 7:45 AM.
- Shirts:** Participants registered by October 7 will be guaranteed a tee shirt in the size requested on race day. After October 7, tee shirts can not be guaranteed.
- Fees:** **Pre-registered:**  
**Adults:** \$20  
**Youth (12 and younger):** \$15  
**Stay in Bed:** \$15  
 \*Fees include race shirt and entry to post race party.  
 \*\* Stay in Bed participants get a shirt but do not run  
 No T-shirt option: subtract \$3 from registration fees.
- Day of Race:**  
**Adults:** \$25  
**Youth (12 and younger):** \$20
- Awards:** **5K:** Top male and female Overall and top three male and female in age groups: 9 and under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+.  
**Fun Run:** Finishers will receive ribbons
- Post-race Party:** Food, beverages, music and awards after the race in the SGA Pavilion.

**Last Name:** \_\_\_\_\_ **First Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Sex:** M F

**Address:** \_\_\_\_\_ **City, State & ZIP:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**T-Shirt:** YM YL S M L XL XXL No Shirt (Subtract \$3) **Event:** 5K Fun Run Stay in Bed

**Additional donation to Ronald McDonald House, Mobile, AL: \$** \_\_\_\_\_

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, strollers, roller skates or blades, animals, and headsets/headphones/ear buds are not allowed in the 5K race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release La Luna Servante, Ronald McDonald House Charities of Mobile, the University of South Alabama, LRH Productions, their employees, officers, and agents, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

**Signature of Participant:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
(Parent/Guardian must sign for children under 19)

**Make checks payable to:** La Luna Servante  
**Mail to:** Crazy Socks 5K; LRH Productions; PO Box 6976; Mobile, AL 36660

