



**Racer 1** \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City, State, & Zip: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_ ☐ Male ☐ Female  
 Phone: \_\_\_\_\_

**T-shirt size:** (free for race participants)  
☐ S ☐ M ☐ L ☐ XL ☐ XXL  
**Class of race:** ☐ Individual ☐ Relay ☐ Fat tire (mountain bike)  
**Class of relay:** ☐ Male ☐ Female ☐ Co-ed

**Racer 2** \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City, State, & Zip: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_ ☐ Male ☐ Female  
 Phone: \_\_\_\_\_

**T-shirt size:** (free for race participants)  
☐ S ☐ M ☐ L ☐ XL ☐ XXL  
**Class of race:** ☐ Individual ☐ Relay ☐ Fat tire (mountain bike)  
**Class of relay:** ☐ Male ☐ Female ☐ Co-ed

**Racer 3** \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City, State, & Zip: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_ ☐ Male ☐ Female  
 Phone: \_\_\_\_\_

**T-shirt size:** (free for race participants)  
☐ S ☐ M ☐ L ☐ XL ☐ XXL  
**Class of race:** ☐ Individual ☐ Relay ☐ Fat tire (mountain bike)  
**Class of relay:** ☐ Male ☐ Female ☐ Co-ed

**Post-party (Duathlon participants will receive an armband for food.)**

☐ **Wellness Walk only** (check here) FREE WELLNESS WALK (one-mile)  
 REGISTER ONLINE AT **INFIRMARYDUATHLON.ORG**  
 T-SHIRTS ARE \$15 - PROCEEDS BENEFIT THE FUSE PROJECT.  
 WELLNESS WALK PARTICIPANTS WILL NOT RECEIVE AN ARMBAND  
 FOR FOOD. DEADLINE TO REGISTER IS 4/5/2019 (only pre-registered  
 participants are guaranteed a t-shirt).  
**T-shirt size:**  
☐ S ☐ M ☐ L ☐ XL ☐ XXL

**Payment:** Total \$ \_\_\_\_\_ ☐ Check (made out to Infirmarium Foundation)  
 Credit Card: ☐ Visa ☐ MC ☐ AMEX ☐ Discover  
 Card #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_  
 Name on Credit Card: \_\_\_\_\_  
 Security Code : \_\_\_\_\_

## IMPORTANT INFORMATION

### COURSE:

Course maps may be found at [infirmariumduathlon.org](http://infirmariumduathlon.org)  
 THE BIKE PORTION IS NOT A CLOSED COURSE. YOU  
 WILL BE SHARING THE ROAD WITH CARS – HELMETS ARE  
 REQUIRED. PLEASE RIDE SAFELY.

**FINISH LINE HAS CHANGED - refer to map online.**

### SCHEDULE:

Race starts at 8 a.m. Packet pick-up is on Friday,  
 April 5 from 3 p.m. - 6 p.m. at ProHealth Fitness Center.  
 Day of Race registration and packet pick-up starts  
 Saturday at 6:00 a.m., **registration closes at 7:30 a.m.**

### ENTRY FEES:

January 1 - January 31 - Ind. \$40 / Relay - \$35 per person  
 February 1 - Feb 28 - Ind. \$50 / Relay - \$45 per person  
 March 1 - March 31 - Ind. \$60 / Relay - \$55 per person  
 April 1 - April 5 - Ind. \$70 / Relay - \$65 per person  
 Day of Race - Ind. \$80 / Relay - \$75 per person

**Mail in deadline** is Monday, April 1, 2019

**Online registration deadline** is Wednesday, April 3,  
 2019 - midnight

**RULES:** The transition area is for registered riders only and  
 is first come first served – no assigned racking. Transition  
 area opens at 6:30 a.m. **Helmets are required** and USAT  
 rules apply – no drafting. Minimum age for participating  
 in the Duathlon is **10 years old**. No headsets allowed  
 during event. Events are held rain or shine. Entries are  
 non-refundable and non-transferable. **Liability waiver**  
**must be signed by all participants.**

*Please note:* There is a **two hour and 30 minute time limit**  
 on the completion of the duathlon course. Bike must be  
 removed by 11:00. Race number required to remove bike

### DIRECTIONS:

Mobile Infirmarium is located at:  
 5 Mobile Infirmarium Circle • Mobile, AL 36607

### CATEGORIES:

Age groups in 5-year increments,  
 Relay teams (male, female and co-ed),  
 Fat tire (male, female)

### RESULTS/AWARDS:

Cash award for top 3 overall male and top 3 overall  
 female. Relay and Fat tire not eligible for cash award.

### RACE INFORMATION:

251-435-5084 or [steve.miller@infirmariumhealth.org](mailto:steve.miller@infirmariumhealth.org)

**REGISTER ONLINE AT:** [infirmariumduathlon.org](http://infirmariumduathlon.org)

**..PLEASE NOTE (Only pre-registered participants are  
 guaranteed a t-shirt.)**

**WAIVER AND RELEASE FORM LIABILITY (SEE ON OTHER SIDE)  
 (ALL PARTICIPANTS MUST SIGN):**

The undersigned hereby acknowledges and agrees to all terms and  
 conditions contained herein including, without limitation, the  
 release and indemnity contained on the backside of this application.

X \_\_\_\_\_ Date: \_\_\_\_\_  
 racer 1

X \_\_\_\_\_ Date: \_\_\_\_\_  
 racer 2

X \_\_\_\_\_ Date: \_\_\_\_\_  
 racer 3

**Signature** (18 and under, parent/guardian signature required.)