



# Ram Run

## 5K Run/Walk

### Saturday ~ April 25, 2026 ~ 8:00 AM

**Sponsored By:** University of Mobile Location: 5735 College Pkwy Eight Mile, AL 36613

**Distance:** 5K course around the University of Mobile Campus.

**Registration:** Register by mail, in person at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile until noon on April 22. Race day registration and packet pick-up at University of Mobile from 6:30 – 7:50 AM.

**Entry Fees: Pre-registered**

\$25 – General Public

\$15 – University of Mobile Alumni

\$10 - University of Mobile Student/ Staff

\*Entry fees include a race shirt. To guarantee a shirt on race day, participants must register by April 1.

**Awards:** Top male and female Overall and top three male and female in age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, and 75-99.

**Post Race:** Awards, snacks and beverages will be provided after the race.

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**Last Name:** \_\_\_\_\_ **First Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_ **Sex:** M F

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**DOB:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**T-shirt:** S M L XL XXL **Emergency Contact:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Release, Waiver of Liability, Assumption of Risk, and Indemnification Agreement**

For and in consideration of permitting the undersigned to participate in the Ram Run 5K and/or Fun Run at the University of Mobile, the undersigned agrees as follows:

**MEDICAL AUTHORIZATION.** I hereby grant permission to event medical personnel, volunteers, or authorized representatives to render any treatment or medical assistance they deem reasonably necessary to my health and well-being while participating in the Ram Run 5K and/or Fun Run. In the event of injury or illness, I authorize the University of Mobile and its authorized representatives to secure any necessary emergency treatment, including hospitalization, anesthesia, or surgery. I understand that such treatment shall be solely at my expense and I agree to be responsible for any costs incurred as a result of such treatment.

**ASSUMPTION OF RISK**

1. I acknowledge that participating in a 5K race and/or fun run involves inherent risks, including but not limited to falls, contact with other participants, effects of weather (including heat and humidity), traffic, road and surface conditions, and physical exertion.
2. I understand that these risks may result in serious injury, illness, permanent disability, or death.
3. I certify that I am physically fit and have sufficiently trained for participation in this event. I voluntarily and knowingly assume all risks associated with participation in the Ram Run 5K and/or Fun Run.

**WAIVER OF LIABILITY.** I hereby voluntarily release, discharge, waive, and relinquish any and all claims or causes of action for personal injury, property damage, death, or loss of any kind arising out of or related to my participation in the Ram Run 5K and/or Fun Run. This release applies to the University of Mobile, its Board of Trustees, officers, employees, agents, representatives, volunteers, sponsors, event staff, and any affiliated organizations. I agree that under no circumstances will I, or my heirs, executors, administrators, or assigns, present any claim or lawsuit against the University of Mobile or its representatives for any of the aforementioned claims, whether arising from negligence or otherwise. **INDEMNIFICATION AND HOLD HARMLESS!** I agree to indemnify and hold harmless the University of Mobile, its Board of Trustees, officers, employees, agents, representatives, volunteers, sponsors, and event staff from any and all claims, liabilities, damages, costs, or expenses (including attorney's fees) arising out of or related to my participation in the Ram Run 5K and/or Fun Run. **Acknowledgement** have carefully read this Release, Waiver of Liability, Assumption of Risk, and Indemnification Agreement. I fully understand its terms and understand that I am giving up substantial legal rights, including the right to sue. I acknowledge that I am signing this agreement freely and voluntarily

Signature: \_\_\_\_\_

Parent (Guardian) for participants 18 and under: \_\_\_\_\_

**Make check payable to:** University of Mobile

**Send application and fees to:** University of Mobile ATTN. Ram Run 5735 College Pkwy Eight Mile AL, 36613

**For more info contact Michael Zona:** mzona@umobile.edu