



The Optimist Club of Perdido Bay presents the
Bud Morris Memorial
Run for the Mullet

5K Run/Walk and 1 Mile Fun Run/Walk
Labor Day ~ September 2, 2019 ~ 7:30 AM

- Time:** 5K Run/walk will start at 7:30 AM. Fun Run/Walk will start at approximately 8:15 AM.
Location: Start/finish at Lillian Community Club, 34148 Widell Ave, Lillian AL
Benefits: All proceeds to support "Our mission is KIDS" & "Bringing out the BEST in KIDS"
Distance: 5K course on the rolling, rural (paved & dirt) roads in Lillian, AL. Fun run course is one mile loop.
Registration: Pre-register by mail (entries should be postmarked by August 24, 2019), walk-in registration at McCoy Outdoor, Run-N-Tri, or Fleet Feet in Mobile, or Running Wild in Fairhope until noon on August 29 or online (<https://runforthemullet.eventbrite.com>) until 4 AM on September 1. Race day registration and packet pick-up at Lillian Community Center from 6 – 7:15 AM.
Shirts: Participants must be registered by August 28 to be guaranteed a tee shirt on race day.
Fees: **Pre-registered:** **Day of Race:**
5K: \$20 (shirt is included) **5K:** \$25
Fun Run: Free (\$12 with shirt) **Fun Run:** Free (\$12 with shirt)
Awards: **5K Runners:** Top 3 male and female Overall, and top male and female Masters, Grandmasters, and Senior Grandmasters. Top 3 male and female in age groups: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, and 75+.
5K Walkers: Top 3 male and female Overall, and top 3 male and female in age groups: 12 & under, 13-20, 21-34, 35-49, and 50*
5K Wheelchair: Top 3 male and female Overall
Fun Run: Top 2 male and female finishers (must be registered for Fun Run). First 40 fun run finishers will receive ribbons when they cross the finish line.
Post-race Party: Beverages, snacks, and awards after the race. Enjoy the 33rd Annual Mullet Festival!!!

Last Name: _____ **First Name:** _____ **Age:** ____ **Sex:** M F

Address: _____ **City, State & ZIP:** _____

Phone: _____ **Date of Birth:** _____ **Email:** _____

T-Shirt: S M L XL XXL **Event:** 5K Fun Run Tee shirt only

Category: Runner Wheelchair Walker (no running during race)

I know that running a road race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature I certify that I am medically able to perform this event, am in good health and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running or walking in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, strollers, roller skates or blades, animals, and headsets/headphones/ear buds are not allowed in the 5K race and I will abide by these guidelines. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Optimist Club of Perdido Bay, the City of Lillian, LRH Productions, their employees, officers, and agents, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Participant: _____ **Date:** _____
(Parent/Guardian must sign for children under 19)

Make checks payable to: OCPB

Mail to: Run for the Mullet; PO Box 87; Lillian, AL 36549

For additional information, please call: Lee Hoffman – 251-962-3339 Jeff Keener – 859-991-4619